

WE NEED
YOU!



Suicide Prevention

It's Every Body's Business!

"It's not rocket science!"

When life throws TRAGEDY at us!

In 1849, Joseph Barritt, age 33, a pioneer Barossa Grazier, recently bereaved after losing his wife, was travelling from one farm to another with his 3yo son. It rained all day. What happened next is recorded in his heart wrenching letter dated 15.8.1849 - sent back to his Quaker Parents in Essex...

"I had left the Para after starting with the cart, it began to rain which continued nearly all day, when I got to Coleman's I determined to stop all night. I took the horse and cart over the river opposite the house as the water was likely to rise before the morning when it would be impossible to pass over. I crossed a temporary foot bridge and carried my poor little Boy over and went a considerable distance from the River and left him quite contented with several parcels and a little dog he had taken up with him, whilst I went across the paddock in which I left him to catch the horse. But when I came back to my great dismay he was gone from the place in which I left him 2 days after the inquest was held I took his remains to North Adelaide and laid them to rest by the side of his mother."

"You can see that I am not passing through the world without my share of troubles, which I hope will tend to some good purpose to prepare me for my own end which perhaps may not be far distant."

He did not suicide; but remarried, had 8 more children all of whom survived him! He 'served in the various districts in which he resided as a councillor on many occasions and was elected as a MP of S.A. Parliament in 1863!'

Life throws 'tragedy' at us - sometimes totally 'out of the blue'! Our history is filled with stories around our precious children; horses and helmets, rivers, dams, swimming pools, farm equipment, tractors, augers, combines and more recently ATV's – and of course cars, alcohol, drugs and speed!

No one is 'Perfect' - we are ALL ONLY HUMAN. We all make mistakes! If this happens to YOU, **don't let YOU become another Suicide statistic!** You are not alone! Reach out for help. Your Community will help ***'get you through!'*** If Joseph Barritt had succumbed to his impulse **to end his acute emotional pain by killing himself – this AD would NOT EXIST.**

And YOU – would NOT be reading – this life saving message!



We need YOU. To pick up your phone. It's just NOT rocket science!



This 'private' advert promoting general Suicide awareness, written and paid for by Tim Barritt is **NOT A SUBSTITUTE FOR PROFESSIONAL HELP - OR HELP LINES.** If you or someone you know is feeling Suicidal, the first *port of call* should **URGENTLY** be a Doctor or Emergency 000, Lifeline 131114, Suicide *call back* Line 1300659467.